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Stress and Strain Formulas

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List of 20 Stress and Strain Formulas

Stress and Strain

1) Axial Elongation of Prismatic Bar due to External Load

$$fx \quad \Delta = \frac{W_{\text{load}} \cdot L_{\text{bar}}}{A \cdot e}$$

[Open Calculator !\[\]\(a870788d6ed9b8fd294b7654a8c8526b_img.jpg\)](#)

$$ex \quad 2250\text{mm} = \frac{3.6\text{kN} \cdot 2000\text{mm}}{64\text{m}^2 \cdot 50.0\text{Pa}}$$

2) Bulk Modulus given Bulk Stress and Strain

$$fx \quad K = \frac{B_{\text{stress}}}{B.S}$$

[Open Calculator !\[\]\(c50c8b7b2cc2cf9ff925edec0ee94c0d_img.jpg\)](#)

$$ex \quad 249.1509\text{Pa} = \frac{10564\text{Pa}}{42.4}$$

3) Bulk Modulus given Volume Stress and Strain

$$fx \quad k_v = \frac{VS}{\varepsilon_v}$$

[Open Calculator !\[\]\(f60b7a900783ac3fd531bfd9c111be6d_img.jpg\)](#)

$$ex \quad 0.366667\text{Pa} = \frac{11\text{Pa}}{30}$$



4) Deflection of Fixed Beam with Load at Center

$$\text{fx } \delta = \frac{W_{\text{beam}} \cdot L_{\text{beam}}^3}{192 \cdot e \cdot I}$$

[Open Calculator !\[\]\(cbe80b694ebd74fcfe136a095b608235_img.jpg\)](#)

$$\text{ex } 0.18432\text{mm} = \frac{18\text{mm} \cdot (4800\text{mm})^3}{192 \cdot 50.0\text{Pa} \cdot 1.125\text{kg}\cdot\text{m}^2}$$

5) Deflection of Fixed Beam with Uniformly Distributed Load

$$\text{fx } d = \frac{W_{\text{beam}} \cdot L_{\text{beam}}^4}{384 \cdot e \cdot I}$$

[Open Calculator !\[\]\(3e2231b1ad3ca8da8658228c00dd08e0_img.jpg\)](#)

$$\text{ex } 0.442368\text{mm} = \frac{18\text{mm} \cdot (4800\text{mm})^4}{384 \cdot 50.0\text{Pa} \cdot 1.125\text{kg}\cdot\text{m}^2}$$

6) Elastic Modulus

$$\text{fx } E = \frac{\sigma}{\varepsilon}$$

[Open Calculator !\[\]\(0d5ec72f61334709c3fc9450209b754f_img.jpg\)](#)

$$\text{ex } 1600\text{Pa} = \frac{1200\text{Pa}}{0.75}$$

7) Elongation Circular Tapered Bar

$$\text{fx } \Delta_c = \frac{4 \cdot W_{\text{load}} \cdot L_{\text{bar}}}{\pi \cdot D_1 \cdot D_2 \cdot e}$$

[Open Calculator !\[\]\(b64b40baaee5acddc1eab8538ba84754_img.jpg\)](#)

$$\text{ex } 7051.788\text{mm} = \frac{4 \cdot 3.6\text{kN} \cdot 2000\text{mm}}{\pi \cdot 5200\text{mm} \cdot 5000\text{mm} \cdot 50.0\text{Pa}}$$



8) Elongation of Prismatic Bar due to its Own Weight

[Open Calculator !\[\]\(dfbd6b3763a6d1d9afaa974f64e2e4b5_img.jpg\)](#)

$$fx \quad \Delta_p = \frac{W_{load} \cdot L_{bar}}{2 \cdot A \cdot e}$$

$$ex \quad 1125mm = \frac{3.6kN \cdot 2000mm}{2 \cdot 64m^2 \cdot 50.0Pa}$$

9) Equivalent Bending Moment

[Open Calculator !\[\]\(ec9132f1d27c8919987d92907322654d_img.jpg\)](#)

$$fx \quad M_{eq} = M_b + \sqrt{M_b^2 + T_s^2}$$

$$ex \quad 125.8629N*m = 53N*m + \sqrt{(53N*m)^2 + (50N*m)^2}$$

10) Equivalent Torsional Moment

[Open Calculator !\[\]\(758ebdf4629c903da74c2e079717ae32_img.jpg\)](#)

$$fx \quad T_{eq} = \sqrt{M_b^2 + T_s^2}$$

$$ex \quad 72.86288 = \sqrt{(53N*m)^2 + (50N*m)^2}$$

11) Hooke's Law

[Open Calculator !\[\]\(248b91fcdac4810ffd15cf33fb6aec6f_img.jpg\)](#)

$$fx \quad E_h = \frac{W_{load} \cdot \Delta}{A_{Base} \cdot l_0}$$

$$ex \quad 115.7143Pa = \frac{3.6kN \cdot 2250mm}{10m^2 \cdot 7m}$$




12) Moment of Inertia about Polar Axis 

$$\text{fx } J = \frac{\pi \cdot d_s^4}{32}$$

Open Calculator 

$$\text{ex } 0.203575\text{m}^4 = \frac{\pi \cdot (1200.0\text{mm})^4}{32}$$

13) Moment of Inertia for Hollow Circular Shaft 

$$\text{fx } J_h = \frac{\pi}{32} \cdot (d_{ho}^4 - d_{hi}^4)$$

Open Calculator 

$$\text{ex } 8.6\text{E}^{-8}\text{m}^4 = \frac{\pi}{32} \cdot ((40\text{mm})^4 - (36\text{mm})^4)$$


14) Normal Stress 1 

$$\text{fx } \sigma_1 = \frac{\sigma_x + \sigma_y}{2} + \sqrt{\left(\frac{\sigma_x - \sigma_y}{2}\right)^2 + \zeta_u^2}$$

Open Calculator 

$$\text{ex } 100.7188\text{Pa} = \frac{100\text{Pa} + 0.2\text{Pa}}{2} + \sqrt{\left(\frac{100\text{Pa} - 0.2\text{Pa}}{2}\right)^2 + (8.5\text{Pa})^2}$$



15) Normal Stress 2 Open Calculator 

$$fx \quad \sigma_2 = \frac{\sigma_x + \sigma_y}{2} - \sqrt{\left(\frac{\sigma_x - \sigma_y}{2}\right)^2 + \zeta_u^2}$$


ex

$$-0.518771Pa = \frac{100Pa + 0.2Pa}{2} - \sqrt{\left(\frac{100Pa - 0.2Pa}{2}\right)^2 + (8.5Pa)^2}$$

16) Rankine's Formula for Columns Open Calculator 

$$fx \quad P_r = \frac{1}{\frac{1}{P_E} + \frac{1}{P_{cs}}}$$

$$ex \quad 385.5667kN = \frac{1}{\frac{1}{1491.407kN} + \frac{1}{520kN}}$$

17) Shear Modulus Open Calculator 

$$fx \quad G_{pa} = \frac{\tau}{\eta}$$

$$ex \quad 34.85714Pa = \frac{61Pa}{1.75}$$




18) Slenderness Ratio 

$$fx \quad \lambda = \frac{L_{\text{eff}}}{r}$$

[Open Calculator !\[\]\(9dfdaff1d86ba3c1f8353b4d1b61b8c5_img.jpg\)](#)

$$ex \quad 0.565714 = \frac{1.98\text{m}}{3.5\text{m}}$$

19) Torque on Shaft 

$$fx \quad T_{\text{shaft}} = F \cdot \frac{D_{\text{shaft}}}{2}$$

[Open Calculator !\[\]\(2b376d1a92330ab09dad2665d2f89bf5_img.jpg\)](#)

$$ex \quad 0.625\text{N}\cdot\text{m} = 2.5\text{N} \cdot \frac{0.50\text{m}}{2}$$

20) Total Angle of Twist 

$$fx \quad \theta = \frac{T_{\text{shaft}} \cdot L_{\text{shaft}}}{G_{\text{pa}} \cdot J}$$

[Open Calculator !\[\]\(c444627dab9fee9a1550c053ffaaaae2_img.jpg\)](#)

$$ex \quad 2.119946^\circ = \frac{0.625\text{N}\cdot\text{m} \cdot 0.42\text{m}}{34.85\text{Pa} \cdot 0.203575\text{m}^4}$$



Variables Used

- Δ Elongation (Millimeter)
- **A** Area of Prismatic Bar (Square Meter)
- **A_{Base}** Area of Base (Square Meter)
- **B_{stress}** Bulk Stress (Pascal)
- **B.S** Bulk Strain
- **d** Deflection of Fixed Beam with UDL (Millimeter)
- **D₁** Diameter of Bigger End (Millimeter)
- **D₂** Diameter of Smaller End (Millimeter)
- **d_{hi}** Inner Diameter of Hollow Circular Section (Millimeter)
- **d_{ho}** Outer Diameter of Hollow Circular Section (Millimeter)
- **d_s** Diameter of Shaft (Millimeter)
- **D_{shaft}** Shaft Diameter (Meter)
- **e** Elastic Modulus (Pascal)
- **E** Young's Modulus (Pascal)
- **E_h** Young's Modulus from Hook's Law (Pascal)
- **F** Force (Newton)
- **G_{pa}** Shear Modulus (Pascal)
- **I** Moment of Inertia (Kilogram Square Meter)
- **J** Polar Moment of Inertia (Meter⁴)
- **J_h** Moment of Inertia for Hollow Circular Shaft (Meter⁴)
- **K** Bulk Modulus (Pascal)
- **k_v** Bulk Modulus given Volume Stress and Strain (Pascal)













- I_0 Initial Length (Meter)
- L_{bar} Length of Bar (Millimeter)
- L_{beam} Beam Length (Millimeter)
- L_{eff} Effective Length (Meter)
- L_{shaft} Shaft Length (Meter)
- M_b Bending Moment (Newton Meter)
- M_{eq} Equivalent Bending Moment (Newton Meter)
- P_{cs} Ultimate Crushing Load for Columns (Kilonewton)
- P_E Euler's Buckling Load (Kilonewton)
- P_r Rankine's Critical Load (Kilonewton)
- r Least Radius of Gyration (Meter)
- T_{eq} Equivalent Torsion Moment
- T_s Torque Exerted on Shaft (Newton Meter)
- T_{shaft} Torque (Newton Meter)
- VS Volume Stress (Pascal)
- W_{beam} Width of Beam (Millimeter)
- W_{load} Load (Kilonewton)
- δ Deflection of Beam (Millimeter)
- Δ_c Elongation in Circular Tapered Bar (Millimeter)
- Δ_p Elongation of Prismatic Bar (Millimeter)
- ϵ Strain
- ϵ_v Volumetric Strain
- λ Slenderness Ratio
- σ Stress (Pascal)



- σ_1 Normal Stress 1 (Pascal)
- σ_2 Normal Stress 2 (Pascal)
- ζ_u Shear Stress on Upper Surface (Pascal)
- σ_x Principal Stress along x (Pascal)
- σ_y Principal Stress along y (Pascal)
- η Shear Strain
- τ Shear Stress (Pascal)
- θ Total Angle of Twist (Degree)



Constants, Functions, Measurements used

- **Constant:** **pi**, 3.14159265358979323846264338327950288
Archimedes' constant
- **Function:** **sqrt**, sqrt(Number)
A square root function is a function that takes a non-negative number as an input and returns the square root of the given input number.
- **Measurement:** **Length** in Millimeter (mm), Meter (m)
Length Unit Conversion 
- **Measurement:** **Area** in Square Meter (m²)
Area Unit Conversion 
- **Measurement:** **Pressure** in Pascal (Pa)
Pressure Unit Conversion 
- **Measurement:** **Force** in Kilonewton (kN), Newton (N)
Force Unit Conversion 
- **Measurement:** **Angle** in Degree (°)
Angle Unit Conversion 
- **Measurement:** **Torque** in Newton Meter (N*m)
Torque Unit Conversion 
- **Measurement:** **Moment of Inertia** in Kilogram Square Meter (kg·m²)
Moment of Inertia Unit Conversion 
- **Measurement:** **Moment of Force** in Newton Meter (N*m)
Moment of Force Unit Conversion 
- **Measurement:** **Second Moment of Area** in Meter⁴ (m⁴)
Second Moment of Area Unit Conversion 
- **Measurement:** **Bending Moment** in Newton Meter (N*m)
Bending Moment Unit Conversion 



- **Measurement: Stress** in Pascal (Pa)

Stress Unit Conversion 



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