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# Strain Formulas

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## List of 14 Strain Formulas

### Strain

#### 1) Bulk Strain

$$\text{fx } B.S = \frac{\Delta V}{V_T}$$

[Open Calculator !\[\]\(a870788d6ed9b8fd294b7654a8c8526b\_img.jpg\)](#)

$$\text{ex } 88.88889 = \frac{56\text{m}^3}{0.63\text{m}^3}$$

#### 2) Lateral Strain

$$\text{fx } Sd = \frac{\Delta d}{d}$$

[Open Calculator !\[\]\(c50c8b7b2cc2cf9ff925edec0ee94c0d\_img.jpg\)](#)

$$\text{ex } 0.02525 = \frac{50.5\text{mm}}{2000\text{mm}}$$

#### 3) Shear Strain

$$\text{fx } \eta = \tan(\phi) + \cot(\phi - \alpha)$$

[Open Calculator !\[\]\(f60b7a900783ac3fd531bfd9c111be6d\_img.jpg\)](#)

$$\text{ex } 2.338424 = \tan(46.3^\circ) + \cot(46.3^\circ - 8.56^\circ)$$


#### 4) Shear Strain given Tangential Displacement and Original Length

$$\text{fx } \eta = \frac{t}{l_0}$$

[Open Calculator !\[\]\(83bbbd261710c59db0214aa27b2edc0d\_img.jpg\)](#)

$$\text{ex } 1.1356 = \frac{5678\text{mm}}{5000\text{mm}}$$



5) Strain Energy Density 

$$\text{fx } \text{S.E.D} = 0.5 \cdot \sigma \cdot \varepsilon$$

[Open Calculator !\[\]\(cbe80b694ebd74fcfe136a095b608235\_img.jpg\)](#)

$$\text{ex } 1176 = 0.5 \cdot 49\text{Pa} \cdot 48$$

6) Tensile Strain 

$$\text{fx } e_{\text{tension}} = \frac{\Delta L}{L}$$

[Open Calculator !\[\]\(3e2231b1ad3ca8da8658228c00dd08e0\_img.jpg\)](#)


$$\text{ex } 0.334621 = \frac{1100\text{mm}}{3287.3\text{mm}}$$

7) Volumetric Strain 

$$\text{fx } \varepsilon_v = \frac{\Delta V}{V_T}$$

[Open Calculator !\[\]\(0d5ec72f61334709c3fc9450209b754f\_img.jpg\)](#)

$$\text{ex } 88.88889 = \frac{56\text{m}^3}{0.63\text{m}^3}$$

Strain Energy 8) Strain Energy due to Pure Shear 

$$\text{fx } U = \tau \cdot \tau \cdot \frac{V_T}{2 \cdot G_{\text{pa}}}$$

[Open Calculator !\[\]\(84f47badaad7772cd95667a7c387a639\_img.jpg\)](#)

$$\text{ex } 0.314995\text{KJ} = 100\text{Pa} \cdot 100\text{Pa} \cdot \frac{0.63\text{m}^3}{2 \cdot 10.00015\text{Pa}}$$



9) Strain Energy due to Torsion in Hollow Shaft 

$$fx \quad U = \tau^2 \cdot (d_{\text{outer}}^2 + d_{\text{inner}}^2) \cdot \frac{V}{4 \cdot G_{\text{pa}} \cdot d_{\text{outer}}^2}$$

[Open Calculator !\[\]\(e78f798d4ea5c530c9db49e7d26e6b95\_img.jpg\)](#)

ex


$$3.320263\text{KJ} = (100\text{Pa})^2 \cdot \left( (4000\text{mm})^2 + (1000\text{mm})^2 \right) \cdot \frac{12.5\text{m}^3}{4 \cdot 10.00015\text{Pa} \cdot (4000\text{mm})^2}$$

10) Strain Energy given Applied Tension Load 

$$fx \quad U = W^2 \cdot \frac{L}{2 \cdot A_{\text{Base}} \cdot E}$$

[Open Calculator !\[\]\(aa53ad6fea213b8b2226d3077e30533a\_img.jpg\)](#)

$$ex \quad 2.238695\text{KJ} = (452\text{N})^2 \cdot \frac{3287.3\text{mm}}{2 \cdot 10\text{m}^2 \cdot 15\text{N/m}}$$

11) Strain Energy given Moment Value 

$$fx \quad U = \frac{M_b \cdot M_b \cdot L}{2 \cdot e \cdot I}$$

[Open Calculator !\[\]\(626ce8ac21792b9405bfddfea8e0c96a\_img.jpg\)](#)

$$ex \quad 5.081114\text{KJ} = \frac{417\text{N} \cdot \text{m} \cdot 417\text{N} \cdot \text{m} \cdot 3287.3\text{mm}}{2 \cdot 50\text{Pa} \cdot 1.125\text{kg} \cdot \text{m}^2}$$

12) Strain Energy given Torsion Moment Value 

$$fx \quad U = \frac{T \cdot L}{2 \cdot G_{\text{pa}} \cdot J}$$

[Open Calculator !\[\]\(c1168d6a8b365d11e842ece304635fa7\_img.jpg\)](#)

$$ex \quad 2.282813\text{KJ} = \frac{75000\text{N} \cdot 3287.3\text{mm}}{2 \cdot 10.00015\text{Pa} \cdot 5.4\text{m}^4}$$



13) Strain Energy in Torsion for Solid Shaft [Open Calculator](#) 

$$fx \quad U = \tau^2 \cdot \frac{V}{4 \cdot G_{pa}}$$

$$ex \quad 3.124953KJ = (100Pa)^2 \cdot \frac{12.5m^3}{4 \cdot 10.00015Pa}$$

14) Strain Energy in Torsion using Total Angle of Twist [Open Calculator](#) 

$$fx \quad U = 0.5 \cdot \tau \cdot \theta \cdot \left( \frac{180}{\pi} \right)$$

$$ex \quad 1.032KJ = 0.5 \cdot 34.4N \cdot m \cdot 60^\circ \cdot \left( \frac{180}{\pi} \right)$$



## Variables Used













- $\Delta d$  Change in Diameter (Millimeter)
- $\Delta V$  Change in Volume (Cubic Meter)
- $A_{\text{Base}}$  Area of Base (Square Meter)
- **B.S** Bulk Strain
- $d$  Original Diameter (Millimeter)
- $d_{\text{inner}}$  Inner Diameter of Shaft (Millimeter)
- $d_{\text{outer}}$  Outer Diameter of Shaft (Millimeter)
- $e$  Elastic Modulus (Pascal)
- $E$  Young's Modulus (Newton per Meter)
- $e_{\text{tension}}$  Tension Strain
- $G_{\text{pa}}$  Shear Modulus (Pascal)
- $I$  Moment of Inertia (Kilogram Square Meter)
- $J$  Polar Moment of Inertia (Meter<sup>4</sup>)
- $L$  Length (Millimeter)
- $l_0$  Initial Length (Millimeter)
- $M_b$  Bending Moment (Newton Meter)
- **S.E.D** Strain Energy Density
- **Sd** Lateral Strain
- $t$  Tangential Displacement (Millimeter)
- $T$  Torsion Load (Newton)
- $U$  Strain Energy (Kilojoule)
- $V$  Volume of Shaft (Cubic Meter)
- $V_T$  Volume (Cubic Meter)
- $W$  Load (Newton)
- $\alpha$  Rake Angle (Degree)
- $\Delta L$  Change in Length (Millimeter)
- $\epsilon_v$  Volumetric Strain
- $T$  Torque (Newton Meter)



- $\phi$  Shear Angle Metal (Degree)
- $\varepsilon$  Principle Strain
- $\eta$  Shear Strain
- $\sigma$  Principle Stress (Pascal)
- $\tau$  Shear Stress (Pascal)
- $\theta$  Total Angle of Twist (Degree)




## Constants, Functions, Measurements used

- **Constant:** **pi**, 3.14159265358979323846264338327950288  
*Archimedes' constant*
- **Function:** **cot**,  $\cot(\text{Angle})$   
*Trigonometric cotangent function*
- **Function:** **tan**,  $\tan(\text{Angle})$   
*Trigonometric tangent function*
- **Measurement:** **Length** in Millimeter (mm)  
*Length Unit Conversion* 
- **Measurement:** **Volume** in Cubic Meter ( $\text{m}^3$ )  
*Volume Unit Conversion* 
- **Measurement:** **Area** in Square Meter ( $\text{m}^2$ )  
*Area Unit Conversion* 
- **Measurement:** **Pressure** in Pascal (Pa)  
*Pressure Unit Conversion* 
- **Measurement:** **Energy** in Kilojoule (KJ)  
*Energy Unit Conversion* 
- **Measurement:** **Force** in Newton (N)  
*Force Unit Conversion* 
- **Measurement:** **Angle** in Degree ( $^\circ$ )  
*Angle Unit Conversion* 
- **Measurement:** **Torque** in Newton Meter ( $\text{N}\cdot\text{m}$ )  
*Torque Unit Conversion* 
- **Measurement:** **Moment of Inertia** in Kilogram Square Meter ( $\text{kg}\cdot\text{m}^2$ )  
*Moment of Inertia Unit Conversion* 
- **Measurement:** **Moment of Force** in Newton Meter ( $\text{N}\cdot\text{m}$ )  
*Moment of Force Unit Conversion* 
- **Measurement:** **Second Moment of Area** in Meter<sup>4</sup> ( $\text{m}^4$ )  
*Second Moment of Area Unit Conversion* 
- **Measurement:** **Stiffness Constant** in Newton per Meter (N/m)  
*Stiffness Constant Unit Conversion* 






- **Measurement: Stress** in Pascal (Pa)  
*Stress Unit Conversion* 



## Check other formula lists

- [Basics of Strength of Materials Formulas](#) 
- [Stress Formulas](#) 
- [Strain Formulas](#) 
- [Stress and Strain Formulas](#) 

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